

OILR 4-Mallet Exercise

Keyboard

Outsides Insides Lefts Rights

6

Outsides Insides Lefts Rights

11

Outsides

15

15

19

Insides

23

23

27

Lefts

31

31

35 Rights

Kbd.

39

Kbd.

43 Outsides

Kbd.

47 Insides

Kbd.

51 Lefts

Kbd.

55 Rights

Kbd.

This exercise touches on three types of four-mallet stroke: single independent, single alternating, and double vertical.

Making sure each stroke is of equal height will ensure a uniform tone and build a strong foundation for more complex music.

Any group of four notes may be chosen at the beginning of the exercise, as long as the intervals remain the same throughout.

The rests in between each variation should be an opportunity to look around, check and set heights, and pulse.